

April 2024 Breakfast K-12

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1	2	3	4	5
WG Blueberry Muffin Hardboiled Egg Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	French Toast Sticks Syrup Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Cereal: Cinnamon Toast Crunch Cheese Stick Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Egg, Sausage and Cheese Wrap Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Scrambled Eggs w/ WG buttered toast Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
		0		0
8	9	10	11	12
Assorted Yogurt Granola w/ dried fruit Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Hashbrown Stackers Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Egg & Cheese Breakfast Taco Salsa Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Omelet WG English Muffin Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Sausage/Pancake on a Stick Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
15	16	17	18	19
Bean and Cheese Burrito WG Tortilla Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	French Toast Yogurt Syrup Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	WG Turkey Sausage Breakfast Pizza Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Seasonal Fruit and Yogurt Parfait Graham Crackers 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	WG Pancake Mini Bites Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
22	23	24	25	26
WG Bagel Cream Cheese Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Sausage/Pancake on a Stick Syrup Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Cereal: Honey Nut Cheerios Buttered Wheat Toast Jelly Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Venison & Potato Breakfast Taco Salsa Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Breakfast Sandwich Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
29	30			
Seasonal Fruit and Yogurt Parfait Graham Crackers 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Blue Cornbread with Jelly Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk			Canned Fruit in Light Syrup WG = Whole Grain

Note: Menus are subject to change due to product availability.
"This institution is an equal opportunity provider."



April 2024

Lunch K-8

Monday

Tuesday

Wednesday

Thursday

Friday

1	2	3	4	5
<p>Chicken Tenders Mashed Potatoes w/ Gravy Broccoli Pineapple Tidbits WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Beef Stir Fry w/ Brown Rice Creamed Spinach Diced Pears 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Sloppy Joe on WG Bun Sweet Potato Fries Celery Sticks Applesauce Ranch Dressing, Ketchup 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Chicken Fajitas on WG Tortilla Refried Beans Baby Carrots Mixed Fruit Ranch Dressing 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>WG Spaghetti w/ Meat Sauce Green Beans Mandarin Oranges WG Garlic Knot 1% Lowfat White Milk or Nonfat Chocolate Milk</p>
8	9	10	11	12
<p>Pork Choppette Pasta Salad w/ veggies Seasoned potatoes Diced Pears 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Chicken Quesadilla on WG Tortilla Black Bean Salad Cucumber Slices Fresh Orange 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Bison Burger on WW Bun Tator Tots Broccoli Peach Cup Ketchup, Mustard, Mayo 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Beef Mac Casserole Cheesy WG Breadstick Garden Salad w/ Cucumber, Cherry Tomatoes, Dressing Apple Slices 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Breaded Chicken Patty on WG Bun Sweet Potato Fries Baked Beans Mixed Fruit Ketchup, Mayo 1% Lowfat White Milk or Nonfat Chocolate Milk</p>
15	16	17	18	19
<p>Cheese Pizza Tossed Salad w/ Dressing Cherry Tomatoes Steamed Corn Fresh Orange 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Crispy Beef Tacos (2) w/ Spanish Rice Pinto Beans Shredded Lettuce, Tomato Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Corn Dog Mustard, Ketchup Sweet Potato Fries Mixed Vegetables Apple Slices 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Beef and Lentil Chili Blue Corn Bread Steamed Broccoli Mixed Melon 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Meatloaf Mashed Potatoes w/ Gravy Green Beans Pineapple Tidbits WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk</p>
22	23	24	25	26
<p>Taco Soup w/ tomatoes & corn Refried Beans WG Tortilla Diced Pears 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Salisbury Steak Mashed Potatoes w/ Gravy Mixed Vegetables Peach Cup WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Chicken Alfredo with Penne Pasta Broccoli Mixed Fruit WG Garlic Toast 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Pepperoni Pizza Tossed Salad w/ Cherry Tomatoes/Dressing Celery Sticks Pineapple Tidbits 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Bison Nachos w/ cheese Black Beans Salsa Cup Shredded Lettuce Applesauce Cup 1% Lowfat White Milk or Nonfat Chocolate Milk</p>
29	30			
<p>Beef and Broccoli Carrot Sticks Ranch Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Chickpea, Rice & Spinach Pilaf Black Bean Salad Apple 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Canned Fruit in Light Syrup WG = Whole Grain</p>	<p>ENTRÉE w/ GRAIN- BLUE GREEN VEG- GREEN FRUIT- PINK RED/ORANGE- RED STARCHY VEG- YELLOW OTHER VEG- ORANGE LEGUMES- PURPLE</p>	

Note: Menus are subject to change due to product availability.
"This institution is an equal opportunity provider."



April 2024

Lunch HS

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<p>Chicken Tenders Mashed Potatoes w/ Gravy Broccoli Whole Apple Pineapple Tidbits WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Beef Stir Fry w/ Brown Rice Creamed Spinach Potatoes Au Gratin Orange Slices Diced Pears 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Sloppy Joe on WG Bun Sweet Potato Fries Celery Sticks Peach Cup Applesauce Ranch Dressing, Ketchup 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Chicken Fajitas on WG Tortilla Refried Beans Baby Carrots Banana Mixed Fruit Ranch Dressing 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>WG Spaghetti w/ Meat Sauce Green Beans Cucumber Slices Diced Pears Mandarin Oranges WG Garlic Knot 1% Lowfat White Milk or Nonfat Chocolate Milk</p>
8	9	10	11	12
<p>Pork Choppette Pasta Salad w/ veggies Seasoned potatoes Mixed Fruit Diced Pears 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Chicken Quesadilla on WG Tortilla Black Bean Salad Cucumber Slices Applesauce Fresh Orange 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Bison Burger on WG Bun w/ cheese Tator Tots Broccoli Pineapple Tidbits Peach Cup Ketchup, Mustard, Mayo 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Beef Mac Casserole Cheesy WG Breadstick Garden Salad w/ Cucumber, Cherry Tomatoes, Dressing Mandarin Oranges Apple Slices 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Breaded Chicken Patty on WG Bun Sweet Potato Fries Baked Beans Banana Mixed Fruit Ketchup, Mayo 1% Lowfat White Milk or Nonfat Chocolate Milk</p>
15	16	17	18	19
<p>Cheese Pizza Tossed Salad w/ Dressing Cherry Tomatoes Steamed Corn Applesauce Cup Fresh Orange 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Crispy Beef Tacos (2) w/ Spanish Rice Pinto Beans Shredded Lettuce, Tomato Mixed Fruit Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Corn Dog Mustard, Ketchup Sweet Potato Fries Mixed Vegetables Pineapple Tidbits Apple Slices Banana Bread Square 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Beef and Lentil Chili Blue Corn Bread Steamed Broccoli Seasoned Cauliflower Mixed Melon Diced Pears 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Meatloaf Mashed Potatoes w/ Gravy Green Beans Whole Apple Pineapple Tidbits WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk</p>
22	23	24	25	26
<p>Taco Soup w/ tomatoes & corn Refried Beans WG Tortilla Mandarin Oranges Diced Pears 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Salisbury Steak Mashed Potatoes w/ Gravy Mixed Vegetables Whole Apple Peach Cup WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Chicken Alfredo with Penne Pasta Broccoli Orange Slices Mixed Fruit WG Garlic Toast 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Pepperoni Pizza Tossed Salad w/ Cherry Tomatoes/Dressing Celery Sticks Banana Pineapple Tidbits 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Chicken Nachos Black Beans Salsa Cup Corn Salad Peach Cup Applesauce Cup 1% Lowfat White Milk or Nonfat Chocolate Milk</p>
29	30			
<p>Beef and Broccoli Carrot Sticks Celery Sticks Ranch Peach Cup Applesauce Cup 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Chickpea, Rice & Spinach Pilaf Black Bean Salad Seasoned corn Apple Mandarin Oranges 1% Lowfat White Milk or Nonfat Chocolate Milk</p>	<p>Canned Fruit in Light Syrup WG = Whole Grain</p>	<p>ENTRÉE w/ GRAIN- BLUE GREEN VEG- GREEN FRUIT- PINK RED/ORANGE- RED STARCHY VEG- YELLOW OTHER VEG- ORANGE LEGUMES- PURPLE</p>	

Note: Menus are subject to change due to product availability.
"This institution is an equal opportunity provider."